



December
2017

2017 Healthy High School Challenge Winners Announced

During October, Sodexo teams hosted our [2017 Healthy High School Challenge](#) (HHSC) at 261 high schools, of which 97 schools were awarded \$81,000 in prizes, including two Spirit Awards for best student excitement videos. The HHSC is an exciting annual event designed to drive sales and participation, reinforce the importance of making healthy food choices with our students and help build ongoing excitement around your foodservice program. Sodexo-managed high school programs compete to out-perform each other by earning points for served reimbursable meals and healthy a la carte snacks and beverages.

The more meals, healthy snacks and beverages you serve, the more points your school will earn toward winning the challenge and the Top Prize of \$5,000. The winning checks are written to the School District and are typically presented to the Student Council, Principal or School Board.

Congratulations to the following top 4 winning schools:

1. \$5,000 - Grand Prize - West Warwick High School in Rhode Island
2. \$2,500 - 2nd Place - Bucyrus High School in Ohio
3. \$2,500 - Top Snack & Beverage - Gatesville High School in Texas
4. \$2,500 - Top Combo - Hamtramck High School in Michigan

The top two \$1,000 Spirit Award winners who depicted outstanding school spirit go to [Millard South High School](#) and [Millard West High School](#). Videos showing healthy school spirit were also submitted by West Warwick High in Rhode Island and Gatesville High in Texas. Next year's challenge will take place in May 2018.



Think Alaskan, Sustainable Brain Food for Kids

On November 10, we featured Alaskan Pollock dishes for lunch at an Oklahoma elementary school to recognize Alaskan Islander cuisine in support of Native American Heritage month. Throughout the month, our Sodexo team featured various US Pacific-sourced sustainable fish served on whole-grain branded Lift-Off! burger buns thanks to one of our partners, Bimbo Breads. Lift-Off! made a special appearance at the school and provided giveaways for all lunch participants. Kids were excited to see the branded buns, learn more about Alaskan food culture and most importantly, the kids ate high protein, nutritious, minimally processed brain food to fuel a day's learning! Omega rich!





Preparing for Winter

With the change in weather, checking and changing filters is very important for all heating systems. In particular, heat exchanging heating systems need to be cleaned to ensure accumulated dust particles on the exchanger won't wind up in the filters.

Another important item is checking snow removal equipment. Although equipment may be serviced prior to storage in the off months, equipment should still be checked before use. For safety's sake, never operate gasoline or diesel powered equipment in an enclosed space or in school buildings. Not only can the accumulation of carbon monoxide seriously injure the operator, it can also introduce carbon monoxide (carbon dioxide for a diesel engine exhaust) into the ventilation system. Always store fuel in approved containers and in lockers for flammables.

Consider the use of environmentally friendly ice melt instead of rock salt. While more expensive, ice melt is more effective at lowering temperatures than rock salt, won't cause concrete to spall and is not harmful to plants or grass in normal concentrations. Thanks for making safety at schools a top priority!

Decorating the Safe Way

Follow these tips to safely hang decorations at home and school:

- ⇒ Use caution when reaching into storage containers for decorations that may be broken. Check all decorations for broken pieces and discard as needed.
- ⇒ Check bulbs (before plugging light in) and inspect lights for broken wires or loose connections.
- ⇒ Make sure all hangers and fixtures are substantial enough to securely hold wreaths. Most wreaths are hung with wire which weakens over time due to continuous twisting. Pay particular attention at elementary schools where little hands may pull decorations down.
- ⇒ Check the School District's policy on holiday decorations to comply with current diversity, energy conservation and safety policies.

